

Blood Sample Handling Best Practices

Keys to Successful Testing

Quality of sample analyzed = Quality of result

Avoid vein collapse when drawing samples



 Minimize suction on the syringe, and do not draw back too quickly.

Prevent hemolysis



• Use the largest vein and needle appropriate for blood collection.

• Never use any needle smaller than a 23 gauge size.



- Use minimal alcohol on fur/skin.
- Remove the needle from the syringe before dispensing into the blood tube, unless using a closed vacuum blood collection system.

Ensure the correct ratio of anticoagulant to blood



Always use the smallest collection tube needed.

• Fill lithium heparin and EDTA tubes to minimum fill line.



• Fill sodium citrate tubes exactly to the fill line.

Prevent unwanted blood clotting



• Do not hold off the vein for more than a few seconds before venipuncture.

• For feline samples collected from the medial saphenous vein: a vacuum blood collection system instead of a syringe is recommended.

Do not allow samples to degrade



Run the sample as soon as possible after drawing.



*Room Temperature (68-77 °F) *Refrigerated Temperature (36-46 °F)

¹Monti P. Archer, J. Quality Assurance and Interpretation of Laboratory Data [Chapter 2], BSAVA Manual of Capine and Feline Clinical Pathology, 3rd ed : 2016; p. 12 ³ VETSCAN VS2 Operator's Manual. 2013. 1200-7063 Rev. A. Data on file, ABX-00101
³ VETSCAN HM5 Operator's Manual. 2018. 790-7013 Rev. F. Data on file, ABX-00248.

⁴ Weiser, G. Laboratory Technology for Veterinary Medicine [Chapter 1], Veterinary Hematology and Clinical Chemistry, 2012; p. 3.

⁵ WU DW et al. How Long can we Store Blood Samples: A Systematic Review and Meta-Analysis, EBioMedicine, 2017; p. 283-284 With both and how both and the blood stangles. A systematic keys and head-analysis. Ebiomedicine: 2017. J. 2017. B. 2 ⁸ Weiser, G. Sample Collection, Processing, and Analysis of Laboratory Service Options [Chapter 2], Veterinary Hematology and Clinical Chemistry, 2012; p. 36

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NORMAL plasma and serum samples are straw colored, and do not have a yellow, red, or pink tinge.

HEMOLYZED plasma and serum samples have a pink/red tint due to broken red blood cells.

Avoid hemolysis by using proper sample collection and handling techniques.¹

LIPEMIC plasma and serum samples have a milky appearance due to a high concentration of fat in the blood.

<u>Avoid lipemia</u> by using a fasted patient sample whenever possible.¹ Remind clients to refrain from feeding their pets prior to their appointment.

ICTERIC plasma and serum samples have a yellow color due to a disease or condition that causes excess bilirubin in the blood.

CLOTTED samples may have visible red clots that stick to wooden applicator sticks when swirled in a sample. Traumatic or delayed blood collection can lead to micro and /or macro clots.¹

<u>Avoid clotted samples</u> by inverting blood tube appropriately immediately after filling. Re-draw any clotted hematology samples.

NOTE: Never run a clotted sample for analysis on the HM5.

Sample Storage^{5,6}

Chemistry²

Lithium Heparin whole blood samples at room temperature⁺ must be run within 1 hour, ⁸ or separated to serum* or plasma* and run as soon as possible.⁷ Serum and plasma samples may be stored refrigerated⁺⁺ for up to 48 hours.⁸

Hematology³

EDTA whole blood samples must be run within 1 hour at room temperature⁺, and may be stored refrigerated⁺⁺ for up to 12 hours⁷. Blood should return to room teperature prior to running on the HM5.

* Stored plasma and serum samples must be separated and kept in a stoppered test tube containing no additive

